uni_sat[12,41]

$a = !x{:}T.\ Q(x)\ \equiv_{\text{def}}\ Q(a)\ \&\ (\forall a'{:}T.\ Q(a') \Rightarrow (a' = a))$

clarification:

$a = !x{:}T.\ Q(x)\ \equiv_{\text{def}}\ Q(a)\ \&\ (\forall a'{:}T.\ Q(a') \Rightarrow (a' = a \in T))$

http://www.nuprl.org/FDLcontent/p0_942988_/p2_3740_{uni_sat}.html